

# 2021 MIAC Women's Outdoor Track & Field Championship Preview

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**BLOOMINGTON, Minn.** – The 2021 Minnesota Intercollegiate Athletic Conference (MIAC) Outdoor Track & Field Championships are set to take place this Friday and Saturday at Hamline University in St. Paul, Minn. Twelve women's teams from around the MIAC will compete in the two-day meet.

| [2021 MIAC Outdoor T&F Championships](#) | [Video](#) | [Live Results](#) |

The 2021 Outdoor Championships officially began last week with the multi-events portion of the meet hosted at Carleton College. Concordia first-year **Peyton Selle** (Dickinson, N.D.) won the heptathlon with a total of 4,130 points. Selle placed among the top-five in all seven events. Complete heptathlon results can be found [here](#).

The MIAC has a [homepage](#) dedicated to the 2021 Outdoor Track & Field Championships, complete with spectator information, [the event schedule](#), entries, heat sheets, and links to follow the action with [video](#) and [real-time results](#). Results and recaps of the Championships will be available throughout the event.

| [PERFORMANCE LIST](#) | [MEET PROGRAM](#) | [WOMEN'S HEAT SHEET](#) | [MIAC RECORD BOOK](#) |

The following protocols are in effect for spectators planning to attend in-person this weekend:

- Fans are permitted, with no limitations on the total number, and no charge for admittance.
- **Spectators must always be properly masked (due to the size of the event).** If non-compliance with masking occurs, the spectator is required to leave (there will not be warnings).
- Fans should follow host institution instructions for competition viewing location.
- Fans should do a self "health check" prior to arrival to ensure they do not have COVID-19 symptoms.
- Spectators must follow all host instructions and must always be 12 feet or more away from student-athletes, coaches, and game personnel at all times before, during, and after contests.
- No dogs allowed on campus (except for registered service dogs).
- There will be no concessions available.
- Fans should limit themselves to the competition venue only and are not to go anywhere else on campus.

## KEEP AN EYE ON

Augsburg senior **Jada Lewis** (Minneapolis, Minn. | Edison) clocked in at 12.46 in the 100-meter dash and 26.74 in the 200-meter dash to finish as the top Division III sprinter in both races at the Holst Invitational in April.

Bethel sophomore **Kelsie Sealock** (Plymouth, Minn. | Osseo) set a program-record mark in the 100-meter hurdles twice this spring, with her fastest time being a 14.22 at the UW-River Falls Falcon Invite in April. It remains the fifth-best time in Division III this season.

Carleton sophomore **Clara Mayfield** (Manhattan, Kan.) finished the 5,000-meter run in 17:04.46 at the Tommie Twilight on May 5. That time ranks 12th in NCAA Division III this spring.

Concordia senior **Josie Herrmann** (New Prague, Minn.) ran the 800 in 2:12.69 at the Ron Masanz Track & Field Classic two weeks ago, good for the eighth-fastest time in the nation this year.

Gustavus sophomore **Birgen Nelson** (Edina, Minn.) had two record-setting performances at the NSIC & Friends Outdoor Challenge earlier this month. Nelson placed fifth in the 100-hurdles at 14.21 but her time of 14.06 in the prelims improved her own school record and ranks second in Division III this season. Nelson also posted a program record-setting performance in the 400-hurdles with a first-place time of 1:01.95, good for fourth in Division III.

Hamline sophomore **Jenneel Rodney** (Mountain Lake, Minn.) threw the hammer 52.72 meters (172-11.00) at the Pipers' home Showcase on April 23. That distance ranks 10th in NCAA Division III this year.

Macalester sophomore **Journey Amundson** (Iron River, Wis. | Northwestern) registered a triple jump of 11.27 meters (36-11.75) at the St. Olaf Women's Invitational on April 10. The distance remains tied for No. 45 in the country this spring.

Saint Benedict first-year **Fiona Smith** (Dhahran, Saudi Arabia) made history earlier this spring as the first Bennie runner in history to crack 17 minutes in the 5,000-meter run. Smith's time of 16:53.29 at the Hamline Showcase in April is the seventh-best mark in DIII this year.



St. Catherine sophomore **Bryana Leverentz** (Andover, Minn.) launched the javelin 40.36 meters (132-05.00) at the Easter Eve Invite on April 3. Her distance remains the 20th-best in Division III this year.

Saint Mary's first-year **Anna Swanson** (Osceola, Wis.) scored a distance of 42.46 meters (139-04.00) in the javelin throw at SMU's Drake Alternative in April. Swanson currently sits in 10th place on the Division III performance list this year.

St. Olaf senior **Paige Woldt** (Shoreview, Minn. | Mounds View) logged a triple jump of 11.76 meters (38-07.00) at the Ole Open to close out the regular season. Woldt's distance is good for seventh in Division III this spring.

St. Thomas junior **Megan Gehrke** (Faribault, Minn.) ranks among the top four in Division III in two throwing events this spring. Her shot put of 14.86 meters (48-09.00) at the Falcon Invite ranks second in the country, while her discus throw of 45.85 meters (150-05.00) at Saint John's Invitational is tied for fourth.

| [MIAC Women's Outdoor Track & Field Performance List](#) | [NCAA Division III Performance List](#) |